

# sean grover

psychotherapist | speaker | author



## supervision & professional development for practitioners

Clinical training and ongoing supervision are key to career satisfaction, personal growth and burnout prevention. Sean's workshops provide practitioners with practical tools and cutting edge techniques for engaging clients in clinics, schools or private practice. Sean can customize workshops to meet your particular needs. Popular choices include:

### ● Supervision for New Practitioners

New social workers face overwhelming challenges. Weekly clinical support groups provide clinicians with the tools they need to maintain their love of the work while expanding clinical knowledge and practicing self-care.

### ● Essential Group Leadership Skills

Orchestrating groups requires special leadership skills. Unlike individual therapy, group therapy focuses exclusively on relationships. Learn how to conduct thriving groups based on emotional communication and interpersonal attunement.

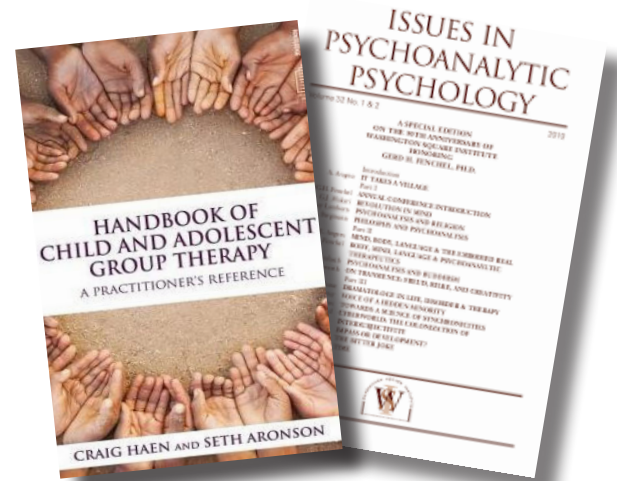
### ● Designing Groups for Teens & Young Adults

This workshop focuses on the five group leadership skills specific to working with youth from middle school through college age, providing strategies for planning, implementing and leading new groups.

### ● Healing the Inner World of the Adolescent

Too often, therapists try to engage teenagers while applying adult therapy techniques--and the results are disastrous. Learn the skills needed to work with teens, gain their trust and help them develop their authentic voices.

For articles, videos, or to contact Sean, visit [www.seangrover.com](http://www.seangrover.com) or call (212) 727-0488



## about sean

Sean maintains one of the largest private group therapy practices in the U.S., leading over 300 groups a year in his office while also conducting workshops and seminars for youth organizations, clinics and schools.

Sean has served as a program director for Brooklyn Psychiatric Centers, as a Clinical Supervisor for Harlem Education Arts Fund, and as a member of the Brooklyn District Attorney's Task Force on Youth Violence.

Sean's parenting book, *WHEN KIDS CALL THE SHOTS*, received a Best Nonfiction Pick from Publishers Weekly, and has been published in Russia, China and Korea. Other recent publications include chapters in *101 Interventions for Group Therapy*, *Handbook of Child and Adolescent Group Therapy*, and *Issues in Psychoanalytic Psychology*.

Interviews with Sean have appeared in *The New York Times*, *The Wall Street Journal*, *The Economist* and others. In addition, his popular Psychology Today blog recently surpassed one million readers.



The New York Times

The Economist

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